



Child Development Center January Newsletter



Director's Message

Heartfelt Welcome to a New Year of Growth and Learning! This year, we have exciting plans and activities in store, designed to spark curiosity and creativity in every child. From interactive learning experiences to engaging projects, we aim to make each day at our center a stepping stone toward a brighter future.

Parents, your partnership is invaluable to us. We encourage open communication and invite you to share your thoughts, questions, and aspirations for your child's educational journey. Together, we can create a strong foundation for their success.

To our little TOROS, get ready for a year filled with fun, friendship, and fantastic discoveries! We can't wait to witness the joy and excitement that each of you brings to our center.

Birthdays

Owen - Room 130
Antonio - Room 110
Ronin - Room 110
Elijah - Room 110

Dates to Know

01/01-01/14: Winter Break
Center Closed

01/15: MLK Day Center Closed

01/16: **First Day Back to School**

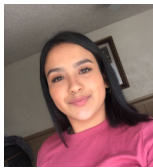
01/18: Earthquake Drill

01/23: Fire Drill

01/31: Lockdown Drill



Education



Families, please join us in extending a warm welcome to **Dehonira Lopez and Vanessa Camberos** our new CDC Teachers. We look forward to positive impact she will have on the children and families.



Farewell & Good Luck!

Please send your warmest hugs and goodbyes to Teacher Alma in Room 130. While we'll miss her truly, we encourage you to celebrate the time you've shared and wish her all the best in her future endeavors. Thank you for all your years of dedication to the children and families at the CDC.



We will miss you!

CCAMPIS Announcement



Please join me in extending a warm welcome to **Robert Cunningham** our new Student Service Coordinator.

We look forward to the positive impact he will undoubtedly make on the lives of our students.

Feel free to stop by and introduce yourself to

Robert or reach out to him directly at

rcunningham16@csudh.edu or

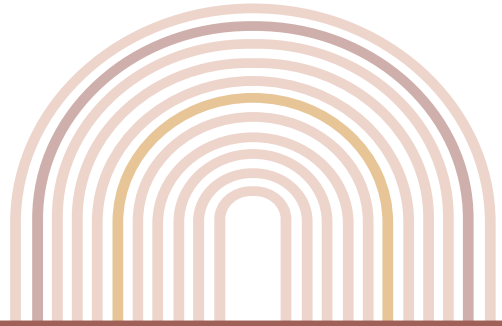
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Nutrition Corner

Reminder, please provide your child's alternative milk on first day back to school.

FEBRUARY

newsletter



CHILD DEVELOPMENT CENTER

DIRECTOR'S MESSAGE:

Happy February! This month our center will focus on a positive and inclusive environment for our children, we'd like to emphasize the importance of open communication and mutual respect. Taking the time to talk to your child about their feelings not only helps them express themselves but also promotes emotional well-being.

We encourage you to engage in conversations that validate your child's emotions and teach them the value of respecting others' feelings.

By modeling empathy and understanding, we contribute to creating a supportive community for our children to thrive.



NUTRITION CORNER:

Strawberry Ladybugs

Ingredients

1 lb. Strawberries
1/2 cup Blueberries
1/2 cup Dark chocolate chips

Instructions

- Remove the tops of the strawberries by cutting a small V-shape (this will leave a nice little pocket to attach their "heads"). Cut strawberries in half lengthwise.
- Melt chocolate in microwave safe bowl or according to instructions on package. Scoop into a disposable piping bag and cut off the corner.
- Squeeze small dots of chocolate onto the strawberries. Use chocolate to attach the blueberry "head." Use chocolate to draw legs and antennae on the serving plate.
- Allow chocolate to harden before enjoying.



UPCOMING EVENTS:

02/05 - 02/09: Distribute Kindergarten Packets

02/08: Earthquake Drill

02/14: Friendship Day

02/15: Fire Drill

02/19: President's Day
(CENTER CLOSED)

02/20: Parent Advisory Committee
Mtg. 4-5pm

02/28: Lockdown Drill



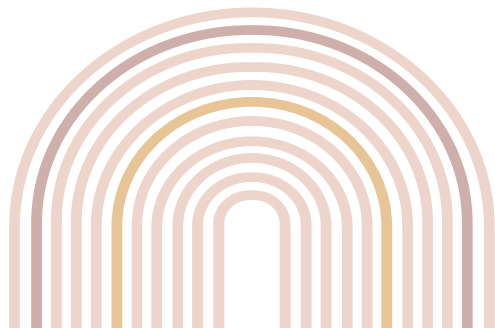
CCAMPIS NOTICE:

It's recertification time!

Please be on the look out for your recertification email. All required documents, due dates, & information will be provided via email. All documents can be submitted to Rob by due date provided.

FEBRUARY

newsletter



EDUCATION:

We wanted to bring your attention to the upcoming kindergarten enrollment process. It's crucial for your child's development, and we have prepared kindergarten packets to guide you through the enrollment steps.

Enrolling your child in Transitional Kindergarten (TK) and Kindergarten sets the foundation for their academic journey. It provides essential social and educational experiences that contribute to their overall growth.

If you have any questions or need assistance with the enrollment process, feel free to reach out to Deya Sanchez at dsanchez142@csudh.edu. We're here to support you and ensure a smooth transition for your child.

kindergarten

WELCOME

Student Interns:

Alma	Jamie
Carolina	Julissa
Cristal	Mia
Ilma	

Jumpstart Members:

Ana
Alejandra



birthdays

Maddox - Rm 110
Adelaide - Rm 110
Ryan - Rm 130
Kayce - Rm 116



I LOVE YOU RITUALS:

Just as your morning greeting ritual provides a way to connect with every child and parent/guardian at the beginning of the day, your goodbye ritual sends each child off with the message, "You are valued. I'm glad you were here today." As children are picked up from class, offer each child a goodbye. It can be as quick as a pat on the back with eye contact or as intimate as an I Love You Ritual. The verbal and nonverbal message to send is, "You are valued. I'm glad you were here today!"

During drop off focus on the message of value and connection; tell your child one helpful/kind thing, or something you love about them. Reassure them that you will come back to pick them up after your work day/class. Remember, what you focus on, you get more of.



March Newsletter

Child Development Center

Director's Message

Hello CDC Parents/Guardians:

Our center is conducting a survey of parents and guardians of all students in our center. Each parent will receive a copy in their child's cubby by Monday, March 11, 2024. We ask all parents to submit their survey to Robert Cunningham our Student Service Coordinator by Monday, March 25, 2024 by 5pm.

The survey aims to get your opinion on the learning environment, educational assessments, nutrition, student support, and parent involvement efforts of your child's school. Your experiences and opinions are very important - the information gathered by this survey will contribute to the continuous improvement plan for our center.

It is very important that a survey is completed for every child. Your responses will remain confidential! This is an excellent opportunity to provide valuable input and insight based on your experience with our center.

We appreciate your time and assistance in collecting this critical information for our future Toros!

CCAMPIS Information

Teddy's Pantry is now open: College of Education Building H-023

Mon - Thurs: 9 am - to 1 pm and 2 pm - 6 pm

Friday: 9 am - 1 pm and 2 pm - 5 pm

Press the link to find out more about the new revamped pantry:

<https://www.csudh.edu/toro-care/food-support/teddys-pantry/>

Birthdays

Alita - Room 116

Leo - Room 110

Allyson - Room 114

Nicholas - Room 116



Upcoming Calendar Events



Parent Survey Due - **March 25**

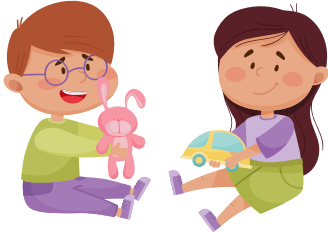
Parent Advisory Committee Meeting - March 19



March Newsletter

Child Development Center

Education!



BITING: WHAT TO DO TO SUPPORT YOUR CHILD AND PREVENT BITING



REASONS WHY CHILDREN BITE:

- Your child may be biting if they're in pain. When babies bite, typically it's because they're teething. They relieve the pain of their swollen, tender gums.
- They're exploring their world. Very young children use their mouths to explore, just as they use their hands.
- They're looking for a reaction. Part of exploration is curiosity. Toddlers experiment to see what kind of reaction their actions will provoke. They'll bite down on a friend or sibling to hear the surprised exclamation, not realizing how painful the experience is for that person.
- They're craving attention. In older kids, biting can be a negative behavior used to get attention. When a child feels ignored, discipline is at least one way of getting noticed.
- They're frustrated. Biting, like hitting, is a way for some children to assert themselves when they're still too young to express feelings effectively through words. To your child, biting is a way to get back a favorite toy, tell you that they are hungry/unhappy, or to let another child know that they want to be left alone.

PRACTICE PREVENTION:

- Make sure that all of your child's needs, including eating and nap time are taken care of before you go out to play. Bring along a snack to soothe your child if they get cranky from being hungry.
- As soon as your child is old enough, encourage them to use words ("I'm angry with you" or "That's my toy") instead of biting. Other ways to express frustration or anger include hugging a stuffed animal. Encourage your child to participate in breathing exercises.
- Shortening activities or give your child a break to help prevent the rising frustration that can lead to biting and other negative behaviors.
- Give your child enough of your time throughout the day (for example, by reading or playing together), so they don't bite just to get attention. Extra attention is especially important when your child is going through a major life change, such as a move or welcoming a baby sibling. If your child is prone to biting, keep an eye on any playmates and step in when an altercation appears to be brewing.



Ingredients:

- 1 gluten free bagel
- 2 tbs cream cheese
- 1/4 cucumber
- handful sugar snap peas
- 1/4 red pepper
- 1/4 yellow pepper
- 1 small carrot

Instructions

- Split the bagel in half, then pop into the toaster.
- Whilst the bagel is toasting, prepare the vegetables; slice the cucumber into thin rounds then cut in half to make crescents, wash and slice the sugar snap peas, finely chop the red and yellow peppers and peel the carrot. Using a vegetable peeler, cut the carrot into ribbons.
- Once toasted and cooled a little, spread cream cheese over the cut side of each bagel half. Top with the vegetables, starting with the cucumber, then the sugar snap peas, then the yellow pepper, carrot strips and red pepper until the bagel is completely covered in a vegetable rainbow.
- Serve immediately.





CPC Newsletter April



Director's Message

Happy April CDC Families!!! Starting April 22-26, 2024, The California Department of Education and The Department of Social Service will be evaluating the center.

Also, I want to thank all families who have been submitting the parent survey. The evaluation process will be thorough and focused on enhancing the learning environment and program effectiveness at the center. The involvement of families through surveys is a great way to gather valuable feedback for improvement.



Welcome Back Teacher Valerie



Teacher Valerie will be returning from her maternity leave on Monday, April 15, 2024. We are excited for her return! ❤️

Reminders

- 04/01-04/05: **SPRING BREAK**
- 04/06-04/12: **NAEYC Week of the Young Child**
- 04/16: Picture Day
- 04/19: Parent Advisory Committee Mtg
- 04/19: CCAMPIS Student Survey Due
- 04/19: ASI Spring Fling 4-10:30pm
- 04/23: Administrative Day
- 04/30: Standing Committee Mtg
- 04/29-05/10: Parent Teacher Conferences



Nutrition Edible Paint

Flavored Gelatin (We used 6 flavors but you can keep it simple and start with 1 or 2 flavors)
Yogurt
Spoon (1 per color)
Bowl (1 per color)
Fruit



CCAMPIS

Please pick up a Student-parent survey from Rob on April 8, 2024. Survey is due **Friday, April 19, 2024.**



Birthdays

- | | |
|-------------------|-----------------|
| Metzli - Rm 110 | Damian - Rm 114 |
| Khloe - Rm 114 | Joelle - Rm 114 |
| Aria - Rm 116 | Alina - Rm 116 |
| Santiago - Rm 114 | Kalan - Rm 116 |
| Kennedi - Rm 114 | |

Education

Enjoy your Spring Break!
We hope you enjoy quality time with your families!



TEACHER APPRECIATION WEEK

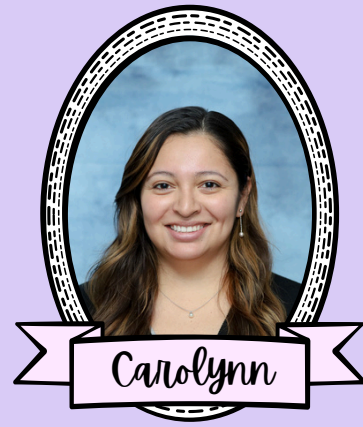
We appreciate all that you do!



Brenda



Vanessa C.



Carolynn



Dehonira



Alex



Valerie



Brianna



Vanessa I.M.



Natalie



MAY

Newsletter

Director's Message

Thank you to all our DH Interns and Jumpstart members. We appreciate all your support and hard work!

Isabella

Jamie

Evelin

Alma

Mia

Ilma

Kevin

Cristal

Sade

Julissa

Ana

Carolina

Alejandra

Ginalyn



Cash - Rm 116
Santiago P. - Rm 136
Teacher Brenda
Teacher Natalie
Ms. Nancy

Nutrition Corner

FRUIT KEBABS



INGREDIENTS:

- 6 STRAWBERRIES
- 6 14G EACH) CHUNKS PINEAPPLE
- 3 THICK SLICES KIWI
- 6 GRAPES
- 6 14G EACH) CHUNKS CANTALOUPE MELON
- 12 BLUEBERRIES



Reminders

05/03: Center Closed - Professional Development Day

05/06-05/17: Parent Teacher Conferences

05/06-05/10: Teacher Appreciation Week

05/21: Parent Advisory Committee Meeting 4-5pm

05/24: Preschool Graduation 3:30-4:30pm

05/27: Center Closed-Memorial Day

05/28: Summer Program Begins

CCAMPIS

Student parents, please submit your final Spring semester grades to Rob by

May 28, 2024.

Email:

rcunningham16@csudh.edu

IMPORTANT

● Information ●

Increase for full cost tuition will take effect **July 1, 2024.**

Rates for FULL COST Tuition	
Daily Rates M-Th 7:30-5:30 pm and Fri 7:30-3:00 pm	
Effective July 1, 2024	
Potty Trained	
Students	\$72
Faculty/Staff/Alumni	\$80
Community	\$110
Non-Potty Trained	
Students	\$78
Faculty/Staff/Alumni	\$84
Community	\$120

**Note: This increase does not apply to state subsidized or CCAMPIS families.*

REMINDER

All parents and authorized pick ups are **required** to sign their child(ren) in and out with full legal signature.

JUNE NEWSLETTER

Congratulations to Room 110 Students and All Parents on reaching this milestone at CSUDH Graduation! Your hard work and dedication have paid off, and your children, families, and child development staff are incredibly proud of you. Here's to your bright future ahead TORO!



2024

Thank you

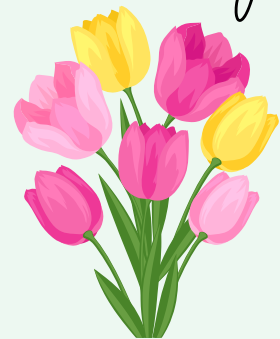
Dear families,

After much consideration, I have made the difficult decision to pursue opportunities outside of the education field. My last day at the CDC will be Friday, June 7th. Please know that this decision was not made lightly. I have thoroughly enjoyed my time teaching your children and being a part of their educational journey. Your support and cooperation have meant the world to me, and I am grateful for the opportunity to have been a part of such a wonderful community. I want to express my heartfelt thanks to each and every one of you for your support, encouragement, and understanding throughout my time at the CDC. It has truly been a privilege to work with you and your children.

If you have any questions or concerns, please do not hesitate to reach out to me. Thank you once again for your support.

Love,
Teacher Valerie

Teacher Val,
Thank you for everything,
we will miss you!





Nutrition Corner

1/3 cup lemon juice

1/3 cup sugar

2 cups cubed seedless watermelon

2 cups fresh strawberries, halved

2 cups ice cubes

Place first 4 ingredients in a blender;

cover and process until smooth. Add

ice; process, covered, until slushy.

Serve immediately.

!! CCAMPIS !!

FINAL REMINDER:

Students parents, please submit your final Spring semester grades to Rob via email (rcunningham16@csudh.edu) or a hard copy.

UPCOMING EVENTS:

05/28: Summer Program Begins

06/01-07/31: Recertifications

06/05: Earthquake Drill

06/19: Center Closed - Juneteenth Holiday

06/13: Fire Drill

06/25: Lockdown Drill

07/01: Tuition Rate Increase

07/04: Center Closed - 4th of July Holiday

08/09: Last Day of Summer



Avery - Rm 130

London - Rm 136

Nishu - Rm 110

Phoenix - Rm 136

Xitlali - Rm 116

Elias - Rm 114

Oziel - Rm 116

Ms. Deya

Birthdays!